



Helen McKenzie

I have been painting, sketching and drawing for some years now with Art for Leisure and Pleasure (ALP), a group in Barnstaple.

I started very apprehensively and was quite daunted by the challenge, but friendliness of the members and expert help from Bill amongst others, gave me the confidence to persevere to the extent that I have recently sold some of my work at the display of ALP works at North Devon District hospital and the group exhibition held at Easter 2022.

It is well worth the effort to come along each week and create art, it gives me a break from the cares of the world.